



35TH RED BEACH OPEN WATER SWIM 2024

Event organised by

ROSKILL MASTER SWIMMERS & RED BEACH SURF LIFE SAVING CLUBS

Sunday 3rd March 2024
at the Red Beach Surf Club

Registrations from 1.00pm Briefing 2.00pm Start 2.30pm.

Age Limit - Swimmers to be 14 Years and Over

Distance 1.5km and 3km **Course** 1.5km circuit, starting directly in front of Red Beach Surf Club.

Caps All swimmers required to supply and wear coloured caps for safety.

Wet suits Swimmers who could possibly be at risk from cold conditions are encouraged to wear wet suits as your safety is our first concern.

DEYAL COSGROVE AWARDS

For 3 kilometre swimmers without wet suits. First Male - First Female

Cut off time is 1½ hours after start.

Hot showers and refreshments available at the end of the swim.

Note: If the conditions on the day are judged by the Safety Officer to be unsafe to complete the event, a shorter alternative swim may be held in its place.

Certificates will be presented to 1st, 2nd & 3rd placegetters.

Spot prizes will be given out at the end of the event.

Entry Fee: **\$35.00** By internet payment to **12 3043 0197417 00**

Please ensure that you include RB Swim and your name, as reference.

Entries Close: **Wednesday 28 February 2024**

Late entry fee: **\$45.00 (Late entries accepted on the day 1.00pm - 2.00pm)**

Enquiries: epmanko@gmail.com

Ph: 09 620 5529

Website: www.redbeachslsc.com



Entry Form

Red Beach Open Water Swim

Sunday 3rd March 2024

Name

Age..... Male / Female

Address

Phone

Email

Club

Emergency Contact Name

Phone

Please circle the appropriate classifications: Distance / if wetsuit used / club affiliation

1.

Distance racing

1.5 km 3.0km

2.

Using a wetsuit

Wetsuit No Wetsuit

3.

Affiliation

Masters Swim Club Triathlon Surf Club Unaffiliated

Waiver and race conditions

1. I acknowledge that ocean swimming involves risk from various causes, and confirm that I am confident that I have done sufficient training to compete in this event and agree that I enter at my own risk.
2. I accept all risks flowing from my participation and release all persons or organisations (including Red Beach Surf Life Saving Club and Roskill Masters Swimming Club) associated directly or indirectly with the conduct of the event from all claims, demands and proceedings arising out of my participation and I hereby indemnify them against all liability (including liability for their negligence and the negligence of others) for all injury, loss or damage arising out of or connected with my participation in this event. This release and indemnity continues forever and binds my heirs, executors, personal representative and assigns.
3. I will advise the event organisers should any information on my entry form need to be updated e.g. emergency contact details.
4. I understand that the safety precautions undertaken by the event organisers are a service to me and are not a guarantee of my safety, and agree that it is my responsibility to listen to all pre-event safety briefings and to immediately seek clarification from an event official if anything is not clear to me.
5. I consent to receiving any medical treatment that the event organisers reasonably consider to be desirable during or after the event.
6. If the event is cancelled due to poor weather, rough seas or any other condition beyond the control of the organisers, I accept that my entry fee will not be refunded.

Waiver and Release Statement I declare that I have read and understood the race conditions laid down for the event and I am competing at my own risk.

Signed: Date:

**Send to
or Email to**

Eugene Manko, Roskill Masters, 1/22 Parau Street, Three Kings, Auckland 1041
epmanko@gmail.com